

DEMENTIA OFFICER

DEPARTMENT: HEALTH

REPORTS TO: ADULT HEALTH MANAGER

LOCATION: 14 PRIDE POINT DRIVE, PRIDE PARK, DERBY, DE24 8BX

JOB SUMMARY AND MAIN PURPOSE

Raminiscence is a dementia health and wellbeing programme delivered in partnership with Derby County Community Trust and Primary Healthcare Derby. The programme provides three distinct offers for people who are newly diagnosed, people living with dementia and their carers.

The postholder will develop and deliver person-centred physical activity, reminiscence, wellbeing and social activities that help participants remain active, connected and independent. They will provide appropriate support and signposting, coordinate referrals, build relationships with health and community partners, and use the heritage of Derby County Football Club to create meaningful experiences.

A key part of the role will be developing new partnerships and strengthening existing relationships to increase referrals, extend the programme's reach and provide coordinated support for participants and carers.

KEY RESPONSIBILITIES

- Develop and deliver three distinct Raminiscence offers for people newly diagnosed, those living with dementia and carers.
- Provide early support for people who are newly diagnosed, helping them adjust to their diagnosis, identify health and wellbeing priorities, build confidence and access appropriate activities.
- Deliver ongoing person-centred support for people living with dementia and adapting activities as needs.
- Encourage participants to remain active, connected and involved in their community.
- Support carers through regular contact, peer connection, health and wellbeing activities, practical information and signposting to appropriate local services.
- Plan and deliver safe, inclusive dementia-friendly group and one-to-one activities, including physical activity, reminiscence, social activities and health and wellbeing sessions.
- Support participants and carers to improve physical and mental wellbeing, reduce social isolation and maintain confidence and independence.
- Coordinate referrals and participant pathways with Primary Healthcare Derby, Primary Care Networks, social prescribers, dementia services and voluntary and community organisations.
- Develop and maintain strong partnerships to strengthen referral pathways and promote the programme.

KEY RESPONSIBILITIES CONTINUED

- Promote the programme in local communities that may experience barriers to accessing dementia support.
- Recruit and coordinate volunteers, awareness activity, workshops and community events that support participant and carer wellbeing.
- Maintain accurate participant, referral, attendance and outcome records and contribute to programme monitoring data
- Use participant and carer feedback to review and improve each of the three programme offers.

GENERAL RESPONSIBILITIES

- Ensuring continuous compliance with the requirements of relevant Health & Safety and Data Protection legislation. It is the duty of every staff member to take reasonable care of their own and other people's health, safety, and welfare, and to report to DCCT any situation which poses a serious or imminent threat to the well-being of themselves or of any other person.
- It is essential that there is a consistent and effective approach to the process of identification and management of risks across the Trust. The escalation of risk within an organisation is a key mechanism for ensuring that risk is managed at the appropriate level by the appropriate individuals. All staff have a duty to ensure compliance with the Trust's Risk Management policies and procedures.
- Demonstrating the impact of DCCT programmes is a key performance indicator for the Trust. Capturing, recording, and analysing data is essential in supporting this. All staff are required to ensure they play their role where applicable.
- The assurance of quality is fundamental for all work undertaken by DCCT and should be implemented by all staff in their work. To that effect DCCT shall: Regularly monitor and measure the quality of its work methods, outputs and outcomes with a view to ensuring high quality standards, best value and continuous improvement.
- To uphold the Trust's Equal Opportunities policies & practices, positively promoting equality of opportunity.

PERSON SPECIFICATION

ESSENTIAL

- Relevant Level 2 qualification in health, social care, community work or physical activity.
 - At least two years' experience of supporting people living with dementia or adults with comparable health and support needs.
 - Experience of supporting people who are newly diagnosed with dementia or another long-term health condition.
 - Experience of supporting physical and mental wellbeing through physical activity, social activity or community-based interventions.
 - Experience of delivering person-centred group and one-to-one activities.
 - Experience of working with health, voluntary or community partners.
 - Understanding the support needs of people who are newly diagnosed, people living with dementia and carers.
 - Understanding of how physical activity, mental wellbeing, social connection and meaningful activity can support people affected by dementia.
 - To be empathetic following diagnosis and help individuals identify achievable health and wellbeing goals.
 - Ability to adapt activities, communication and support as dementia progresses or individual needs change.
 - Ability to recognise and respond appropriately to carer needs, including wellbeing, peer support, information and signposting.
 - Ability to work independently, manage competing priorities and contribute to a multidisciplinary team.
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DESIRABLE

- Dementia awareness or dementia care qualification.
- Physical activity, exercise, health improvement or Mental Health First Aid qualification.
- Knowledge of local dementia, health and community referral pathways.

This post will be subject to an enhanced DBS check and the requirement for the postholder to hold business use insurance on their personal vehicle.

VALUES

Our values underpin everything we deliver as a charity. The postholder is responsible for role modelling these values and is accountable for their own attitude and behaviour.

We are:

- **Innovative**
- **Purposeful**
- **Caring**
- **Trusted**
- **Collaborative**
- **Inclusive**

EQUALITY, DIVERSITY & INCLUSION

Derby County Community Trust believe our workforce should be as diverse as the communities we serve. We are committed to encouraging equality, diversity & inclusion throughout our workforce, and eliminating unlawful discrimination.

SAFEGUARDING

Derby County Community Trust have a responsibility to promote the welfare of all children, young people, and adults at risk to keep them safe and is committed to working in a way that protects them. The Trust expects all staff and volunteers to share this commitment.



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