



HEALTH TEAM LEADER

DEPARTMENT: HEALTH

REPORTS TO: ADULT HEALTH MANAGER

LOCATION: 14 PRIDE POINT DRIVE, PRIDE PARK, DERBY, DE24 8BX

JOB SUMMARY AND MAIN PURPOSE

The role of the Health Team Leader will be to lead and manage the Adult Health offer within the Trust, which will be delivered across Derby City and Derbyshire.

In this role, you will manage a small team to deliver a high-quality adult health service for adults experiencing health inequalities for a range of reasons. The service will be community-based and will offer both holistic and targeted support.

The postholder will support the Adult Health Manager in the ongoing development of the Adult Health offer, ensuring programmes remain responsive to local need, emerging health priorities and developments within the wider health and wellbeing landscape. They will contribute to the growth and continuous improvement of services through effective partnership working, community engagement, programme development and the identification of new opportunities to improve health outcomes for local residents.

KEY RESPONSIBILITIES

- To lead and manage the delivery of a high-quality adult health and wellbeing service across Derby City and Derbyshire, supporting adults experiencing health inequalities.
- To manage and support a small team, ensuring programmes are delivered effectively, safely and in line with agreed targets and outcomes.
- To develop, deliver and continuously improve healthy living programmes, incorporating physical activity, motivational interviewing, nutritional support, health education and evidence-based behaviour change approaches.
- To support the Adult Health Manager in the ongoing development of the adult health offer, identifying opportunities to enhance services, secure new opportunities and respond to local need, emerging health priorities and developments within the wider health landscape.
- To build, maintain and develop effective partnerships with health, community and voluntary sector organisations, identifying new opportunities to support the delivery and growth of the adult health offer.
- To effectively plan, implement and monitor programmes through clear action planning, quality assurance processes and achievement of key milestones.
- To collect, analyse and interpret programme data, producing reports for funders and partners to demonstrate impact.
- To work collaboratively with DCCT partners, including Primary Care Networks, GP practices, national charities and other stakeholders, to improve health and wellbeing outcomes for participants.

KEY RESPONSIBILITIES CONTINUED

- To maintain a sound understanding of adult health, health inequalities and the role that physical activity and behaviour change to play in improving health outcomes.
- To represent the Trust professionally at meetings, events and within the community, promoting a positive image of the organisation and its work.
- To uphold and promote all Trust policies and procedures and undertake any other duties commensurate with the post.

GENERAL RESPONSIBILITIES

- Ensuring continuous compliance with the requirements of relevant Health & Safety and Data Protection legislation. It is the duty of every staff member to take reasonable care of their own and other people's health, safety, and welfare, and to report to DCCT any situation which poses a serious or imminent threat to the well-being of themselves or of any other person.
- It is essential that there is a consistent and effective approach to the process of identification and management of risks across the Trust. The escalation of risk within an organisation is a key mechanism for ensuring that risk is managed at the appropriate level by the appropriate individuals. All staff have a duty to ensure compliance with the Trust's Risk Management policies and procedures.
- Demonstrating the impact of DCCT programmes is a key performance indicator for the Trust. Capturing, recording, and analysing data is essential in supporting this. All staff are required to ensure they play their role where applicable.
- The assurance of quality is fundamental for all work undertaken by DCCT and should be implemented by all staff in their work. To that effect DCCT shall: Regularly monitor and measure the quality of its work methods, outputs and outcomes with a view to ensuring high quality standards, best value and continuous improvement.
- To uphold the Trust's Equal Opportunities policies & practices, positively promoting equality of opportunity.

PERSON SPECIFICATION

ESSENTIAL

- Level 3 Exercise Referral / GP Referral Qualification
 - Experience of managing or supervising staff, volunteers or programme delivery
 - Experience of working with adults experiencing health inequalities or barriers to participation
 - Experience of delivering physical activity sessions to adults with long term health conditions
 - Experience of supporting individuals with specific health concerns on a one to one and group work basis to make positive health lifestyle changes
 - Experience of collecting, analysing and reporting programme data and outcomes
 - Ability to build and maintain effective relationships with participants, partners and stakeholders
 - An understanding of health inequalities and the wider determinants of health
 - Ability to manage multiple priorities, use initiative and respond positively to change
 - Ability to build and maintain effective relationships with participants, partners and stakeholders
 - Strong communication and interpersonal skills
 - Ability to collect, analyse and interpret data to demonstrate impact and support service improvement
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DESIRABLE

- Relevant qualification in health, physical activity, health improvement, sport or a related field
 - Mental Health First Aid
 - Awareness of NHS, public health and community health priorities
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This post will be subject to an enhanced DBS check and the requirement for the postholder to hold business use insurance on their personal vehicle.

VALUES

Our values underpin everything we deliver as a charity. The postholder is responsible for role modelling these values and is accountable for their own attitude and behaviour.

We are:

- **Caring** in our approach
- **Collaborative** in our partnerships
- Creating **meaningful** experiences
- Effectively fulfilling **potential**
- Taking **pride** of our work
- **Valued** by our community

EQUALITY, DIVERSITY & INCLUSION

Derby County Community Trust believe our workforce should be as diverse as the communities we serve. We are committed to encouraging equality, diversity & inclusion throughout our workforce, and eliminating unlawful discrimination.

SAFEGUARDING

Derby County Community Trust have a responsibility to promote the welfare of all children, young people, and adults at risk to keep them safe and is committed to working in a way that protects them. The Trust expects all staff and volunteers to share this commitment.



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